

**Ultracontour, a miracle treatment for figure conscious people**

We all desire a flat tummy but age, child bearing, lack of exercise and weight gain are the enemies in this battle. However, an Ultracontour is an excellent answer to achieve a flatter stomach.



**Do you care about your appearance and do you follow what is new in cosmetic medicine.**

Would you like to get rid of the extra fat patties but you are afraid of the drastic liposuction? Did you know that now it can be done with ultrasound? And without pain. New to the world, offering an effective and painless alternative to the liposuction, here comes UltraContour™.



This procedure Ultracontour is done for the patients who have not been able to lose fat despite of exercise and diet control. This procedure is performed without general anesthesia.

UltraContour™ is not time consuming, one treatment takes under one hour. The treatment by UltraContour™

could be done even over a lunch break and has a permanent effect. 3 - 6 treatments are sufficient. The average loss by applying 6 treatments is of a few radius centimeters. Naturally, we also have to consider the patient's proportions. The loss is greater with larger patients and smaller with the thinner ones but more visible. What should not be forgotten is also the health benefit of the treatment. Lymph-drainage also eases the "clogged" lymphatic glands and enables not only the drainage of the dissolved fat but also the bad substances sediments form the body. More passable lymphatic system also speeds up the metabolism so the patient "feels better".



UltraContour™ is a hit especially because it is not time demanding, the treatment does not cause pain. At the same time it is comparable with some much more complicated and more painful surgical operations requiring a long re-convalescence time.



**Your most frequently asked questions and answers.**

What is actually UltraContour™? It is a non-invasive form of liposuction done by a highly focused ultrasound causing the fatty cells to break down to dissolve and detach from the body. It is also proven that the treatment influences only the target structure which is the fatty tissue. Other structures stay untouched (veins, nerves, muscles).

**How is the treatment conducted?**

The UltraShape™ "walk-in walk-out" procedure takes place in the physician's office after a consultation session between physician or registered nurse and patient. The

UltraShape treatment requires no downtime, no follow up maintenance, and no recuperation period. The safe and effective procedure - ranging between 60 to 90 minutes depending on the size and number of target treatment areas - can treat multiple areas like the abdomen, flanks ('love handles') and external thighs ('saddle bags') and requires no anesthesia or sedation. The physician, registered nurse or trained technician first examines and marks the treatment area. Then, while the patient lies back on a comfortable bed, the operator uses the hand-held transducer to convert electrical energy into ultrasound energy and gently deliver focused therapeutic ultrasound energy over the marked region to selectively break down fat cells without affecting neighboring structures. Immediately after treatment, the body's natural pathways clear away the disrupted fat cells. The entire procedure is guided by UltraShape's advanced tracking technology which ensures smooth, uniform contouring. Most patients report a painless and comfortable experience with side effects being extremely rare. Patients are immediately able to resume their daily routine.

**Treatment has two phases.** The first one resembles a regular ultrasound examination. An experienced and educated doctors, nurses moves an ultrasound "mouse" about the problematic part of the body which is smeared with a conductive gel. The "mouse" radiates ultrasound impulses, which break down the fatty cells. During the second phase, ultrasound probes are attached onto the body and they provide ultrasound drainage massage. That way the "broken down" fat is routed to the lymphatic system and removed from the body in a natural way.

**Before the surgery**

It is not necessary to keep some special restrictions or preparation. Maybe only sufficient intake of liquids. The procedure is not recommended to patients with metabolic diseases, during pregnancy and nursing, with metal implants and tumors in the area of the procedure, with hepatitis, HIV, inflammations or skin rash in the place of application.

**The procedure**

Each procedure - one session consists of two phases. In the first phase a technology HIFU is used (high intensity focused ultrasound), which covers point by point the given area, e.g. tummy, thighs... This part of the procedure takes approximately 20 minutes.

In the second phase (approximately 20 minutes) a technology UMD is used (ultrasound lymph drainage) that ensures effective drainage of residua after HIFU phase. The treated area is painted with special gel, which creates good conditions for ultrasound waves spread.

**After the procedure**

There are no limitations. It is good to maintain a healthy menu and to start with exercise activities.



**How long does the treatment take?**

The whole procedure does not take more than one hour.

Which parts of the body are the most suitable for the treatment and for a permanent result? The most common treatment with UltraContour™ is of the abdomen, waist-sides, buttocks and the thighs. The fatty cells are diminished permanently.

**Can you repeat the UltraContour™ treatment?**



Yes, we recommend 3 - 6 repetitions in 4 - 14 day intervals. Treatment in one week-intervals is ideal. Fat loss is gradual.

**Is the result of UltraContour™ treatment permanent?**

The fatty cells are diminished permanently. However if the nutritional diet is overly "bad" then the remaining cells have the tendency to swell.



**Who are ideal clients suitable for the UltraContour™ treatment?**

This method is suitable for everyone, who wants to get rid of the localized extensive fat. It is also suitable for elderly clients who are not recommended the regular liposuction due to the lower elasticity of skin and the risk of the creation of uneven dents. By the gradual loss achieved by the UltraContour™ treatment no harm is done to the elasticity of the skin.



**Who cannot or even must not be treated with UltraContour™?**

The physician always evaluates whether the UltraContour™ treatment is suitable. General contradictions are metabolic disorders, hepatitis suffered in the past, metal implants in the spot of application, dermatological rashes and ulcers, nursing and pregnancy.

**Are there any special recommendations when treated with UltraContour™?**

We recommend cutting down on animal fat consumption because after the treatment the body is overloaded with them for a few days while trying to discharge them. The daily fluid intake should be 2 - 3 liters of water. There is no other special recommendation.

**The advantages of the UltraContour™ fat reduction:**

- No anesthetics and after-surgery pain, no blood clogs or swelling,
- no risk of creation of skin and under-skin dents,
- no elastic stockings (these must be worn after the classical liposuction for about a month).

**The disadvantages of the UltraContour™ fat reduction against the tumescent liposuction:**

- It is usually impossible to coordinate large fat excess or the treatment requires a significant amount of repetitions.

**Non-invasive Body Contouring**

- Safe
- Effective
- Comfortable
- Few treatments
- No downtime
- No maintenance Treatments



**COSMETIC PROCEDURES**

**HAIR** - Hairtransplant - Single hair [Follicular unit], FUE / BHT Micrografting for baldness, eyebrows & moustaches artificial hair - biofiber - implant

**PERMANENT UNWANTED HAIR REDUCTION** - by Nd-Yag laser - any area of the body

**SKIN LASER TREATMENT** - Acne scars, burns & accident scars revision, tattoo / birth marks. Black / chocolate / brown / white patches & hyperpigmentation. Moles, Warts, skin tags, Rhytides, Wrinkles, Nevus of ota & full face rejuvenation . Facial resurfacing for ageing face.

Botox / Restalyn / fat injections for wrinkles  
Chemical peels - Glycolic \ TCA, Skin polishing

**FACE** - Rhinoplasty [ nose job ] , Lip reduction, chin & cheek implants, Eyelids [baggy] surgery. Bat ears, Face lifts & neck lifts. Facial liposuction and Dimple surgery

**BREAST SURGERY** - To increase or decrease the size, Breast implants. Surgery for sagging breasts, nipples and Areola, Gynecomastia - male breast reduction.

**LIPOSUCTION** - Fat reduction & body reshaping - Face, neck, arms, breasts, back abdomen, hips & buttocks, thighs

Mesotherapy - Beauty / Fat reduction by medicines.



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- Q-switched ND - yag for pigments
- Radiofrequency cautery
- Ultra Contour - Non Invasive fat reduction
- Duplex skin tightening by radio frequency & laser
- Hairtransplant laboratory
- Powered liposuction
- Emergency resuscitation facilities
- Trained cordial staff



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**ULTRA CONTOUR™**

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- No Pain • Instant Slim Down